



Training Band Rules!

Be Kind and Respectful

- Treat everyone with kindness and respect, just like you would like to be treated.
- Encourage your band mates and be supportive.

Work Hard

- Practise your instrument regularly to improve.
- Pay attention during rehearsals and follow instructions from your band leader.

Respect Adults Helping

- Listen to your band leader, teacher or any adult helping with practice.
- Follow their guidance and show appreciation for their help.

Listen and Don't Talk over Others

- When someone is speaking or playing listen carefully.
- Avoid interrupting or talking over others while they're performing or talking.

Work as a Team

- Help each other out and work together to work out the difficult bits.
- Work with your band mates. Everyone's contribution is important.

Be Responsible

- Bring all necessary materials, such as your instrument, music folders and any other equipment you might need to band practice.
- Look after your instrument and music – they cost a great deal of money!

Stay Focused

- Minimise distraction during practice. (No phones allowed out during practice)
- Try to stay focused on the music and the task in hand.

Be Patient

- Learning music takes time and practise.
- Be patient with yourself and others as you work together to improve.

AND MOST IMPORTANTLY.....

- Have fun
- Enjoy the music making process.
- Laugh, smile and make memories with your band mates.

Band practice is not just about playing music, it's also about building friendships, teamwork and having fun together.